



The Path Rescue Mission's New Life Program

as of May 21, 2020

New Life Program	Phase One	Phase Two	Phase Three	Phase Four
Description	Focused on biblical life skills and habits that position clients for successful living.	Builds on Phase One and encourages clients to be Christ Centered and go deeper into biblical principals and start to be prepared for job training and life outside The Path.	Prepares clients for employment seeking and the opportunity to "work" at on of The Path sites where they are expected to demonstrate the skills they have learned.	Upon completion of Phase Three, clients have the opportunity to obtain gainful employment, enroll in schooling and transition to Phase Four housing.
Goals	Learn new skills, Know and Obey Rules, Grow in your knowledge of the Lord	Implement new skills, begin learning healthy ways of communicating and conflict resolution, memorize new bible verses, foster hope.	Refine employment skills, take on more responsibilities, proceed toward independence.	Refine goals, determine what next steps are for you to develop an exit plan and strategy.
Timeframe	Three Months	Three Months	Three Months	Three Months +
Program Classes	12 Step	12 Step	12 Step	12 Step
	Group Counseling	Group Counseling	Group Counseling	Group Counseling
	Discipleship	Discipleship	Discipleship	Discipleship
	Men's Issues	Men's Issues	Men's Issues	
	Women's Issues	Women's Issues	Women's Issues	
	Bible Study	Bible Study	Bible Study	Bible Study
	Life Skills 101	Life Skills 102	Budgeting	Budgeting
	Parenting Skills	Anger Management	Employment Class	
	Boundaries	Relapse Prevention		
	Nutrition			
Work Therapy	Four Days Per Week	Two Days Per Week	Two Days Per Week	Employment Full-time School Enrollment
Case Management and Counseling	Monday	Monday	Monday	
Worship	Sunday Church Service	Sunday Church Service	Sunday Church Service	Sunday Church Service
	Saturday Night Worship	Saturday Night Worship	Saturday Night Worship	Saturday Night Worship
	Sunday Night Service	Sunday Night Service	Sunday Night Service	Sunday Night Worship